

please note --  
Monday AM deadline  
for all news releases  
not advertising

All women connected with  
Agawam School Department  
are invited to join a self-  
defense class. For details,  
please call Mr. Skolnick at the  
high school.

## FAMILY LIFE AND SEX EDUCATION

The Mass. Council on Family Life has issued a statement supporting "a program of family life and sex education in the public schools of the Commonwealth for the purpose of promoting sound child development and healthy family relationships."

The Council opposed any state legislation which would "curtail, prohibit, impede or otherwise hinder local communities from developing such programs "in cooperation with parents, clergy, health and medical authorities and other agencies."

At the same time, the Council opposed any bill in the legislature which would "force prescribed curriculum and materials on any community."

Taking note of the controversial nature of sex education in some towns and cities, the statement deplored "tactics of rumor-mongering, character assassination, guilt by association, innuendo, and quoting out of context, which are used by some persons and organizations to divide communities and sow seeds of mistrust and suspicion towards schools and teachers."

The Council lent its support to "all responsible parent groups, educators, and other community leaders as they seek to deal with this issue."

Reaffirming that family life and sex education is the primary role of the family, the statement recognized that the schools, religious institutions and other community organizations serve to supplement the family. "We also recognize that many parents feel inadequate in the task or fail to assume their responsibility in this area."

According to the Council, "our children and youth are being victimized by a society which exploits human sexuality in commercials and advertising, TV and movies, books and plays, newsstands and billboards."

"It is not a question as to whether our children will receive family life and sex education, but a question of what kind. Their growth in healthy sexual roles and satisfying human relationships is too important a task to be left to chance, to the street, or the mass media."

The Council urged consideration of 6 points to keep the current controversy in proper perspective:

1. Sex education is far more than teaching the "biological facts of life" and cannot be separated from family life education.

2. It has been going on in schools for decades, as an integral part of home economics, health, physical education and science classes, as well as social studies, art, and literature.

3. Community-wide planning and a concurrent program of parent education are essential.

4. A distinction needs to be made between objection to certain items and opposition to an entire program.

5. A problem develops when a community jumps on a "band wagon" or launches a "crash program" without careful planning.

6. Family life and sex education should not always be lumped together with drugs, drinking and smoking as "problems about which to warn our children and youth." We need to be very clear as to our goals and objectives.

The M.C.F.L. is an interdisciplinary group of professional leaders seeking to strengthen family life through education, counseling, research and legislation.

New chairman of the Council is Professor Joseph Burroughs, U. of Mass., Amherst. Other members of the exec. committee are: vice-chairman, Mr. Donald Emond, Family Service ASSO'N, Fall River; sec., Mrs. Frances Goldfield, atty. and psychologist, Marblehead; Treas., Dr. Eleanor Gawne, Simmons College, Boston; past chm., Rev. Boardman Kathan, Mass. Conference of the United Church of Christ, Boston.

# THE AGAWAM NEWS INC.

"The Heart Beat of the Town"

For the Sixteenth Year

OVER 10,000  
READERS

Agawam's First Newspaper Serving All The People

Vol. 19, No. 3

Agawam, Mass.--Thursday, January 15, 1970

5c per copy—1.00 per year

PUBLIC LIBRARY  
AGAWAM, MASS.

## Consumer news

FROM THE ATTORNEY GENERAL

Fraud and deception still plague buyers in the state, despite the extensive consumer protection laws that have been enacted in Mass. One reason for this unfortunate circumstance is that as old schemes are outlawed, fraudulent salesmen devise new, more complex methods of deceiving the public.

To curtail these relatively new techniques and to put a halt to other as yet untouched areas of consumer fraud, I have formulated a 197 consumer legislation package, containing 12 major points. Two of these are concerned with securing for consumers a fuller coverage from laws that already exist.

A law that was designed to give people who were "fast talked" by a door to door salesman time to change their minds was passed in 1969. It specifies that within 3 business days after signing a contract a consumer may cancel that contract if he signed it in his home or any other place away from the seller's place of business. However, certain stipulations were attached: the contract must call for at least 4 installment payments and require more than \$1 in interest.

As a result of this legislation some door to door salesmen have begun selling on a cash basis only, thus nullifying the effect of the law.

I have included in the 1970 legislative package a bill that would extend to consumers who sign cash contracts the same 2nd chance afforded those who sign installment agreements. The purchaser would have until midnight of the 3rd business day after he receives his copy of the contract to cancel it. For example, a contract received Mon. could be cancelled until midnight of the following Thurs. (Tues., Wed., and Thurs. being the 3 days after the

contract is received.) The cancellation must be in written form — either letter or telegram.

This law then is designed to expand existing consumer legislation. The 2nd point of the legislative package also provides an expansion of consumer rights by amending a current law. This law contains a clause stating that if the Federal Trade Commission has filed a complaint against a company or an individual for violation of the FTC Act, then neither the Atty. Gen. nor any resident of Mass. may take legal action against that company or individual.

This section was incorporated into the law to ensure that the Mass. A.G. would not duplicate the work of the FTC. However, the FTC only functions in a regulatory capacity. That is, it acts to guarantee that the individual or company will not continue the illegal practices. But the FTC cannot recover losses for individual consumers who are swindled by the company.

I have submitted a bill that will allow individual citizens to take remedial legal action against a company or individual to regain losses, even though the FTC may at the time be involved in court proceedings against that company or individual.

This simply means that if a consumer buys, for example, a color T.V. that does not function as advertised and the company refuses to give him a refund, he would be able to take the company to court to recover damages for this false advertising even if the fed. govt. is involved in a false suit against the company at the same time.

If you have questions or comments about present laws, contact the Consumer Protection Division of the Atty. Gen.'s office at the State House in Boston or in Springfield.

## WHAT TO FEED BIRDS

What do birds really like to eat? The Mass. S.P.C.A. reports that, believe it or not, birds have their favorite foods. Bird feeding can be a pleasurable hobby in all kinds of weather.

• For example, Cardinals, Sparrows and Blue Jays like corn-cracked corn. They enjoy filling up on it.

• Evening Grosbeaks like sunflower seeds and will refuse all other food while these seeds are available.

• Nuthatches, Purple Finches and Chickadees, the Mass. State Bird, also enjoy their fill of sunflower seeds.

• Woodpeckers prefer suet and peanut butter, though this is necessary to the diet of all birds in cold weather.

Take a minute to mix a combination of the above foods such as crunchy peanut butter with crumbs or corn flakes (or other cereals.) Then place this food, plus any of the fine commercially prepared seeds for bird feeding, on a board or in a feeder.

When figuring out a diet for the birds in your neighborhood, it is **MOST IMPORTANT** to keep available a box of sand or fine gravel in a sheltered place, as birds can starve to death if some sort of grit is not available.

Feed the birds **NOW** and enjoy their color and song in the months ahead.

All copy for this newspaper must be typed, double spaced originals. No carbons, or items which appear elsewhere before we publish, will be considered. Deadline, Monday A.M.

## Back yard Frontier

BY POLLY BRADLEY  
Mass. Audubon Society

### HOW TO GET RID OF YOUR DDT SUPPLY

Don't just throw your old DDT and other persistent pesticides down the drain, now that they have been banned. That will only poison the rivers and ocean. Don't throw them in the trash or even bury them — they will contaminate all soil, air, or water they may contact.

What should you do with your DDT supply?

Mass. has found a solution, and it's hoped that other states will quickly follow their neighbor's example.

The Mass. Dep't. of Natural Resources is collecting all persistent pesticides between now and Jan. 23 at its State Forest and Park offices. Citizens are asked to bring their supplies of DDT, DDD, dieldrin, aldrin, endrin, toxaphene, and heptachlor to the nearest State Forest and Park collecting facility.

The Mass. Audubon Society is also helping out by collecting the pesticides at its sanctuary offices.

All pesticides collected will be delivered to the storage bunkers of the old Cohasset Annex of the Hingham Naval Ammunition Depot, which is now a state park. They will be stored there until arrangements can be made for destroying them in a new experimental high-heat incinerator in Whitman, Mass.

The pesticides can be broken down and decomposed by the extreme heat produced by the new incinerator, without danger of the poison escaping into the air.

Anyone possessing unused DDT,

## CPP LAUNCHES ANTI-POLLUTION DRIVE

The Citizens for Participation Politics developed in Mass. from the 1968 presidential campaign of Minnesota Sen. Eugene McCarthy. This was a successful experiment in political self-help, activating many people for the first time in the business of politics. The organization, currently between elections, is branching out.

Now used in 120 cities and towns, the group has launched another campaign of citizen self-help, this one against water and air pollution. The CPP's Environmental Problems Committee is distributing pollution complaint forms to all Mass. residents, asking them to list instances of water and air contamination, the identity of the offending persons, firms or vehicles, and descriptive details of the violation. The campaign intends to press everyone into being his own antipollution control observer and to some extent, an enforcer.

The forms are pre-addressed to the CPP headquarters in Boston. Upon receipt, the organization will notify the State Dept. of Natural Resources or the State Dept. of Public Health, the agencies charged with pollution control. Both agencies have encouraged the CPP project.

The youngsters, who responded with

### POLLUTION COMPLAINT FORM

Type of Pollution: \_\_\_\_\_

Offender: \_\_\_\_\_

Address: \_\_\_\_\_ City/town: \_\_\_\_\_

State: \_\_\_\_\_ License #(if vehicle): \_\_\_\_\_

Date observed: \_\_\_\_\_ Time of day: \_\_\_\_\_ AM PM

Give as specific a description as possible of what you saw and where you saw it:

Your name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

## WOMEN'S FITNESS & YOGA CLASSES

Registrations are now being accepted for the figure shaping and Yoga classes for women, to be held in St. Anthony of Padua church basement, Agawam, open to the public. Donations will aid the building fund.

Figure shaping, weight control classes will begin Jan. 19, Mondays, 7:45 - 9:00 p.m., instructed by Mrs. Charles Griggs, of W. Springfield.

Yoga sessions will start Jan. 21, Wednesdays, 10:00 - 11:00 a.m., instructed by Mrs. Alyce Skelton of Longmeadow. A babysitter will be available during the morning sessions.

Registration is required and the classes will be limited. To register call 733-1334, 567-0377, or 736-1693, while openings exist.

**SECRETARY  
WANTED**  
permanent - part time  
Experienced only  
call AM or eve.  
732-1495

Long-term exposure of white-tailed deer to dieldrin at 25 parts per million in the diet reduced growth rates of both fawns and yearlings, reduced reproductive rate of mature females and reduced both birth weight and survival of fawns, the MASS. AUDUBON SOCIETY reports.

Send in only \$1.00 and we'll put you on our mailing list for 1 year.

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Please check new  renewal

All ANONYMOUS mail of critical or editorial nature will find its way to the waste basket, without exception. Names and addresses must be submitted, but will be withheld upon request.

## library notes

### STORY HOUR

On Thurs., Jan. 15 at 10 a.m., and on every succeeding Thurs. at that time, a story hour for pre-schoolers will be held at the Agawam Center Library. We hope that mothers will help us introduce their youngsters to the wonderful world of books.

### NEW LIBRARY SCHEDULE

Effective Jan. 12, the Agawam Center Library will be open more hours to the public. The schedule for the Feeding Hills and the North Agawam libraries will remain unchanged. For your convenience the entire schedule of hours follows. Please clip and save.

**Agawam Center Library** — Mon., Wed., Fri.: 2-9 p.m. Tues. and Thurs.: 9 a.m.-1 p.m. and 2 p.m.-6 p.m. Sat.: 9 a.m.-1 p.m. and 2 p.m.-5 p.m.

**Feeding Hills Library** — Mon. through Thurs.: 1 p.m.-5 p.m. and 7 p.m.-9 p.m. Fri.: 9 a.m.-5 p.m. and 7 p.m.-9 p.m. Sat.: 9 a.m.-1 p.m. and 2 p.m.-5 p.m.

**North Agawam Library** — Mon. and Wed.: 9 a.m.-1 p.m. and 2 p.m.-5 p.m. and 7 p.m.-9 p.m.

## AGAWAM JR WOMEN

The annual 14th District Tri Meeting of the Agawam Junior Women's Club, the Rampopogue J.W.C. and The South Sohaywo J.W.C. will be held Wed., Jan. 21, in South Hadley at The Polish American Club at 8 p.m.

State officers of The Mass. Federation of Women's Clubs attending will be: Mrs. Raymond Peterson, Mrs. Albie Petruzzo, Mrs. Marshall Ross, Mrs. Philip Baker, and Mrs. Eugene Faucher. Guest speaker for the evening will be Mrs. Alan Dow, whose topic will be, "Pennsylvania Dutch Treats." The meeting will be conducted by Mrs. John Bowler, 14th District Representative.

A membership drive is now under way by The A.J.W.C. Young women, 35 years of age or under are eligible for club membership provided they are residents of Agawam. Registration fees are minimal, so now's the time to join.

Contact Mrs. Arthur Psholka, Memb'. Chairman.

## BAND SUPPER OCCASION FOR AWARDS

Agawam High Band Supper will be held at the high school cafeteria on Tues., Jan. 20 at 6 p.m.

The supper which will bring together band members, their families and friends, has been put on by the Band Parents Organization each year and marks the awarding of many of the band awards.

Freshmen who have completed their 1st football marching season with the band are awarded the 1st year band emblem which can be worn on personal sweater or jackets. Students who are in their 2nd and 3rd year of band activity at the high school receive a service bar to be pinned on the emblem. Seniors are awarded a new special senior emblem as well as a service bar.

Special awards of the eve are the band chevrons, designating superior musicianship, which are worn on the band uniform. The 4 rankings of advanced musical standing are obtained by a playing ability test with 1, 2, 3, or 4 stripes awarded according to the score on the test. The chevrons also include recognition of top 10 attendance standing and the positions of band officer status.

Members of the band who have achieved advanced standing make up a special small concert group known as the "A" band which presents special programs to the elementary schools during the winter.

## NATURE'S WAYS

by Wayne Hanley

Each January New England returns briefly to another Ice Age.

All around us, we can see the marks of the last great Ice Age of more than 10,000 years ago. The glaciers of that era shaved the tops off mountains; stacked stony debris that became such familiar landmarks as Cape Cod and Long Island; scarred great stones with grooves and stranded massive boulders in our fields.

Yet, few of us realize that this major reshaping of our earth began as insignificantly as the snow layer on our back yard or the snow piled along highway shoulders. All that separates the gentle blanket of snow from a massive bulldozing glacier is time — and a modified climate.

Just as the longest journey begins with one footstep, the greatest glacier began with fluffy snow.

Each time that snow falls upon snow, New England has a little glacier in the making — perhaps a glacier that weighs in ounces per square foot, rather than tons, but a glacier nonetheless. All that is needed to turn a series of snowfalls into a massive glacier is colder weather that allows snow to accumulate faster than it melts. For most of January — and even more of February — New England has that glacier-building climate. Our rescue resides in the return of spring warmth.

Considering the recentness in geological time of the last Ice Age, it is odd that man has no legends connected to massive ice bulldozers. Perhaps it is because men who left written records lived in the Euphrates-Tigris estuary where 40 days and 40 nights of rain meant a flood. There is, however, a

pictorial record that supports the presence of man and glaciers: the cave drawings of caribou in France. The proximity of caribou probably meant ice nearby.

One of the troublesome features of an Ice Age lies in the fact that no man knows what modifications of the climate preceded glaciation. Nor is there any agreement on what caused the alterations to occur. Most likely the onset of each of the several Ice Ages in earth's history began unnoticed. Perhaps each began with ice accumulating faster than it melted in the Arctic.

Even the recognition that Ice Ages have occurred is comparatively recent in human history. A Swiss geologist who later was to become a famed N.E. professor first proved the theory. He was Louis Agassiz who later moved to Harvard and became a great American naturalist.

Unlike many theories, the theory of glaciation has relevance to men today. Undesirable side effects from our present technology — air pollution, especially — alter the balances in our climate. Oddly, there is no common agreement on whether these climatic alterations are speeding the build-up of glaciers or promoting their melting.

Ironically, neither an increase nor decrease in the present ice cap would benefit man. A trend toward increase would restore a new Ice Age's grip on the earth and bring glaciers to bulldoze New England again. A decrease, however, would be equally disastrous. For a severe melt of the present ice cap would raise the ocean level and flood most of the major cities of the world.

## NIH THE SEARCH FOR HEALTH

A REPORT FROM  
THE NATIONAL INSTITUTES OF HEALTH  
BETHESDA, MARYLAND

### Predicting Diseases Before Birth

Research has now made it possible for doctors to tell *before* a child is born whether he has a certain birth defect or disease. This new method of predicting the baby's condition before birth will allay many fears of would-be parents who know that they harbor the hereditary trait for a certain serious disorder.

The unique diagnostic procedure involves analysis of the chemistry of the mother's amniotic fluid cells. Amniotic fluid is the liquid in which the unborn baby is immersed in the pregnant uterus.

Recently, this procedure has made it possible to determine the presence in unborn children of a number of hereditary metabolic disorders, including Lesch-Nyhan disease, and Hurler's and Hunter's syndromes.

Lesch-Nyhan disease is a tragic hereditary disorder marked by brain damage classed as one form of cerebral palsy, a compulsion to chew away lips and fingers, excessive production of a body chemical called uric acid, and early death. The disease is found in males only. Female children, however, who have inherited the genetic trait serve as carriers who, in turn, can transmit the disease to one half of their male offspring.

Scientists at the National Institute of Arthritis and Metabolic Diseases of the National Institutes of Health in Bethesda, Md. have examined cells isolated from the amniotic fluid of a known carrier of the Lesch-Nyhan trait who was in early pregnancy. Some cells lacked the activity of the red blood cell enzyme called PRTase, while others did not. This pattern is characteristic of carriers of the Lesch-Nyhan trait. In normal individuals all cells show PRTase activity.

Examination of the cells also indicated that the fetus was a female. Thus, the investigators concluded that the unborn child was only a carrier of the trait for Lesch-Nyhan disease and *not* a male child afflicted with the incurable disease. Male children with the disorder can also be identified in this manner before birth.

Through related research efforts, Institute investigators have diagnosed Hurler's and Hunter's syndromes by examining amniotic fluid cells obtained from two women who had previously borne children affected with one or the other of these disorders, and who were pregnant again. The unborn baby's amniotic fluid cells indeed displayed the chemical characteristics of these syndromes. Both syndromes are caused by a disturbance of mucopolysaccharide metabolism, resulting in skeletal deformities (such as shortened fingers and dwarf stature), mental retardation, and early death.

Other investigators have also added Down's syndrome to the list of birth defects that could be detected by examination of chromosomes, units of hereditary material, in amniotic fluid cells. Down's syndrome, widely known as mongolism, causes mental retardation in the newborn.

These new diagnostic tools should provide a unique approach in genetic counseling by identifying many hereditary disorders in the unborn offspring of prospective parents who have reason to suspect they carry the trait for such genetic defects. Appropriate therapy can then be started for an affected unborn child, or if no such therapy exists, the parents could be given the choice of therapeutic termination of the pregnancy in those states where it is legal to do so.

## Well, What Do You Know?

fun, games and knowledge

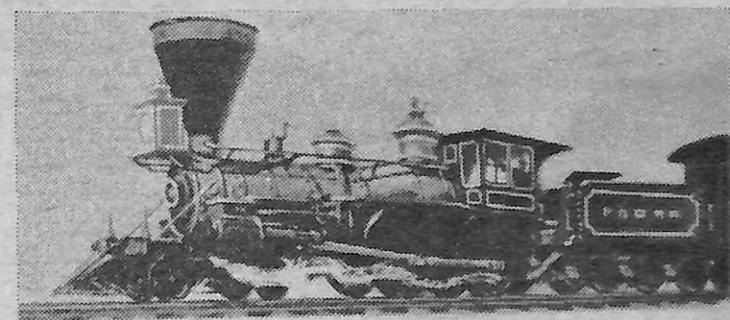


by MARTHA GLAUBER SHAPP, Editor, The New Book of Knowledge

### Where is the Eddystone Light?

The Eddystone Light, fore-runner of the modern lighthouse, still stands in the harbor outside Plymouth, England. It was built in 1757 by John Smeaton, a British engineer.

Two wooden structures preceded the present stone lighthouse. The first was destroyed by a storm. The second, begun by John Rudyerd in 1706 and completed in 1709, was later destroyed by fire.



from going off the track, Dripps's invention became known as a cowcatcher.

### What is saccharin?

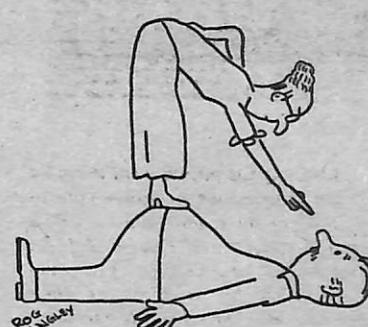
Saccharin is a synthetic sweetener that may be used instead of sugar. It is a white, crystalline powder that has no calories. It is not a food. It passes through the body without changing. The body does not use it as fuel. That is why diabetics (people whose bodies cannot readily use sugar) can use saccharin.

There are other synthetic sweeteners, such as cyclamate, but they often contain saccharin in addition to other materials.

### Do you know how the cowcatcher got its name?

Farm animals wandering

(For a free booklet, "The Magic Carpet," illustrated in color from The New Book of Knowledge, send name and address to Martha Glauber Shapp, Box 47, Putnam Valley, New York 10579.)



I tell you every week and do you learn? No. Get me a subscription to the AGAWAM NEWS.



**RUBBISH COLLECTION SCHEDULE**

Fri.	Jan. 16	Rte. 5
Mon.	Jan. 19	Rte. 6
Tues.	Jan. 20	Rte. 7
Wed.	Jan. 21	Rte. 8
Thurs.	Jan. 22	Rte. 9
Fri.	Jan. 23	Rte. 10

"QUIZ" — This word was deliberately created, in 1780, by a Dublin theater-owner on a bet that he could invent a meaningless word and get people to use it. He and his friends painted the word "quiz" on fences, barns, and pavements all night long — and soon people were asking what it meant. Quiz became ask — and spread all over the world.

# ARNOLD BAKERS SURPLUS THRIFT STORE

1312 MEMORIAL AVE.  
WEST SPRINGFIELD

(opposite Exposition grounds)

**HOURS:**  
OPEN TUESDAY THRU FRIDAY,  
10 AM -- 5 PM  
SATURDAY, 9 AM -- 5 PM  
CLOSED SUNDAY & MONDAY

In the eternal dream eternity is the same as an instant. Maybe I will come back in that instant.



AT BOTH IRON HORSE STORES



DEPOT SQ., Westfield, Mass. • 192 MAIN ST., L. Orchard

MID - WINTER

Sale!

Save Up to 20% on Selected Groups

Ethan Allen

EARLY AMERICAN FURNITURE

Choose from the Many  
Moods of American  
Traditional Furniture for  
Substantial Savings on Bedroom,  
Living Room and Dining Room

All Giftware - Lamps &  
Accessories at  
15% to 25% OFF!

Beautiful, Charming and Distinctive in  
the Early American manner. Make substantial  
savings on our stock!

BUDGET IF YOU WISH



THE



IRON HORSE

BOTH STORES OPEN WED., THURS., FRI. 9 A.M. TO 9 P.M.

DAILY &amp; SAT. 9 to 6 P.M.

Give your car a chance to warm up  
before leaving home. Car failure  
causes accidents on busy highways.

Keep your wheels turning slowly on  
slippery pavements. Avoid quick  
braking or starting — and avoid a  
skid.

California has passed what is called  
the toughest water pollution control  
bill in the country: fines up to \$6,000 a  
day for violators of cease-and-desist  
court orders, and mandatory cleanup  
of pollution by violators at their  
expense, the MASS. AUDUBON  
SOCIETY reports.

THIS SPACE CONTRIBUTED BY THE PUBLISHER



You cats  
have just  
one life.

Here's where it's at, baby.  
Cigarettes can kill you.  
Smoke enough and,  
chances are, they will.  
For real. For good. And forever.  
You've got just one life.

Why  
blow it?  
american cancer society

# If someone's selling you sacks of diet pills, he's not in business for your health.

Some men called "fat doctors" are  
getting rich selling diet pills.

The diet pills they sell are actually  
powerful drugs—amphetamines,  
barbiturates, hormones, diuretics,  
thyroid, digitalis.

Taken in excess, or in dangerous  
combinations, or without proper  
supervision and adequate checkups,  
these drugs can have severe effects.  
Even fatal.

Please, if you take diet pills, make  
sure you know exactly what you're  
getting. And from whom.

Make sure weight is all you lose.  
For more facts about drugs, write  
for free booklets to:  
National Institute of Mental Health,  
Box 1080, Washington, D.C. 20013



## Refrigerator Dessert

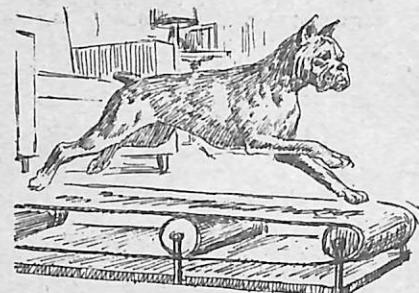
Try this quick pineapple dessert. It's prepared in minutes. The refrigerator does the work.

Pineapple Dessert  
1 (1-pound 4-ounce) can  
crushed pineapple  
2 tablespoons corn starch  
1 (7 1/4-ounce) package  
vanilla wafers  
2 tablespoons orange juice  
1/2 pint heavy cream, whipped

Line bottom and sides of  
1 (9 x 5 x 3-inch) loaf pan  
with household foil. Gradually  
add pineapple to corn starch  
in saucepan. Stirring constantly,  
bring to full boil and boil  
1 minute. Place a single layer  
of wafers in bottom of pan;  
sprinkle lightly with orange  
juice, then top with pineapple  
mixture. Repeat, alternating  
layers and ending with wafers.  
Chill at least 3 hours. Unmold,  
lifting out by edges of foil.  
Peel off foil. Spread top and  
sides with whipped cream.  
Slice. Makes 8 servings.



IF YOUR CATS CLAWS  
GROW TOO LONG TO BE  
CONTROLLED BY A  
SCRATCHING POST, HAVE  
A VETERINARIAN CLIP  
THEM OR SHOW YOU HOW.  
DON'T TRY IT WITHOUT  
INSTRUCTION.



A MAN IN MANCHESTER,  
ENGLAND, HAS INVENTED  
A BELT DRIVEN BY  
ROLLERS THAT ALLOWS  
A DOG OWNER TO  
EXERCISE HIS PET  
WITHOUT LEAVING  
HIS ROCKING  
CHAIR.

## EVERYONE SAVES BIG AT THE BIG LUMBER YARD!!

LYNCH FOR  
LUMBER

202 DAY ST., WEST SPRINGFIELD, MASS.  
HOME OF THOUSANDS OF CASH & CARRY BARGAINS  
EVERYONE SAVES AT LYNCH'S

OPEN MON-FRI. 7 A.M.-6 P.M.  
SAT. 7 A.M.-5 P.M. TEL 739-4781

COLONIAL WOOD  
COMBINATION DOORS  
32" x 80" • 36" x 80"  
**27.95 28.95**

CLEAR PINE  
SHUTTERETTES  
6" x 17" — 85¢  
6" x 21" — 135  
6" x 25" — 169  
7" x 21" 149 — 8" x 21" 180  
7" x 25" 190 — 8" x 25" 220  
MANY OTHER SIZES — HARDWARE 69¢ Set

### SUSPENDED CEILINGS COMPLETE MATERIALS

12' x 12' ROOM	
5-10' Wall Angle	3.00
2' 2" Main Tees	2.20
15-4' Cross Tees	5.25
18-2x4 Panels	11.52
TOTAL 21.97	

12' x 14' ROOM	
6-10' Wall Angle	3.40
3-12' Main Tees	3.30
18-4' Cross Tees	6.00
21x2x4 Panels	13.44
TOTAL 26.64	

12' x 16' ROOM	
6-10' Wall Angle	3.40
3-12' Main Tees	3.30
20-4' Cross Tees	7.00
24x2x4 Panels	15.36
TOTAL 29.26	

### PREFINISHED LUAN PANELLING

TAIWAN 32" x 7"	1.98 SHT.
ISLANDER 4' x 7"	2.79 SHT.
ISLANDER 4' x 8"	3.19 SHT.

### Decorative Hardboard Paneling



ABITIBI MIRABOARD  
NANTUCKET MAPLE — MIST WHITE  
RIVERA WALNUT  
WEYERHAEUSER MURALWOOD  
BIRCH — WALNUT — PASTEL CHERRY  
BUTTERNUT — SILVER TEAK — CHERRY  
FULL 1/4" THICK

SOME 4' x 7'	5.53
4' x 8'	6.32

LOW COST  
DELIVERY SERVICE



### CLEAR PINE LOUVER BI-FOLD UNITS COMPLETE WITH HARDWARE

80" HIGH 2 DOOR	24" W. 16.50
30" W. 18.25	32" W. 18.75
38" W. 19.25	44" W. 30.75
4 DOOR	60" W. 34.75
48" W. 30.75	72" W. 36.75

CHARGE IT WITH YOUR  
BANKAMERICARD OR  
MASTER CHARGE CARDS



## MARIO'S SHOE SERVICE

736-6227

211 ELM ST. — WEST SPRINGFIELD

Complete Shoe Repairing  
Dyeing, Pastes & Polishes  
Complete Handbag Service  
Straps - Locks - Hinges - Snaps  
We Specialize in Repairing Zippers

PAUL G. QUERY, D.D.S

announces the relocation  
of his practice of dentistryPUBLIC LIBRARY  
AGAWAM, MASS!MAIN ST. PROFESSIONAL  
BUILDING

100 Main St., Agawam

Tel. 734-3820

## BANK DEPOSITS LARGEST EVER

WESTFIELD — Westfield Savings Bank's gain in savings deposits for the year ended Dec. 31, 1969, was the largest in the bank's 117-year history, Harris J. Bond, treasurer, told the quarterly meeting of the board of trustees at the Sheraton Inn Wed. night.

Savings deposits increased by \$4,197,579 during the 12 months to reach a record total of \$53,516,548, Mr. Bond said, while the increase for the 3 months ended Dec. 31 was \$832,072.

During the meeting trustees voted dividends of 5 1/2 % on special notice or 90-day savings accounts and 5% on the regular savings accounts.

Arthur W. Knapp, president, said the total dividend payout for the quarter will be \$670,000.

"This dividend, which is payable on Jan. 10, will bring the total dividends paid our depositors during the 12 month period to \$2,529,000, also a record amount for any single year," Mr. Knapp said.

During the year real estate loans increased by \$3,720,047, with the bank's mortgage loan portfolio on Dec. 31 at an all-time high of \$46,996,149. During the 3 months ended Dec. 31 real estate loans showed a gain of \$850,960.

Reflecting the increases in all Westfield Savings banking categories, total assets on Dec. 31 were \$60,287,181.

"Our results during the past year are, of course, attributable to our customers in the communities we serve," Mr. Knapp said, "and we are very grateful for their continued patronage of Westfield Savings Bank. It is our belief that 1970 will prove to be another excellent year for W.S.B."

He said the bank's offices in West Springfield and Agawam are "contributing significantly" to Westfield Savings' growth pattern.

COMPLETE LINE OF  
Musical Instruments  
Private Instruction  
BY HIGH-GRADE TEACHERS  
ALL INSTRUMENTS  
F.E. OLDS - BUESCHER  
MANY OTHER TOP QUALITY BRANDS  
INSTRUMENTS PURCHASED ON  
A RENT-TO-OWN BASIS  
Complete Line of MUSIC SUPPLIES  
Popular & Classical Sheet Music

The  
Drum  
Shop  
188 STATE ST., SPRINGFIELD  
734-0309 - 733-3935

211 ELM ST. — WEST SPRINGFIELD  
Complete Shoe Repairing  
Dyeing, Pastes & Polishes  
Complete Handbag Service  
Straps - Locks - Hinges - Snaps  
We Specialize in Repairing Zippers

## DON'T BE A LITTERBUG

### Honor Your Partner



Square dance tonight? That means many calls for refreshments as well as do-si-do. Naturally cider will head the list of refreshments, so here's a fine partner for it — Quick Applesauce Cottage Pudding. This moist and delicious cake-like dessert, which features Post 40% Bran Flakes for added texture, is best served while still fairly warm.

#### QUICK APPLESAUCE COTTAGE PUDDING

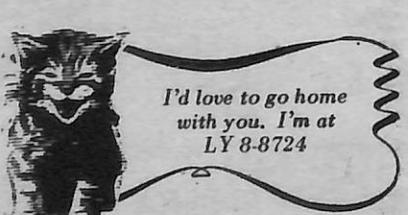
1 cup sifted all-purpose flour	2 eggs
2 teaspoons double-acting baking powder	1 cup applesauce
1/2 teaspoon salt	1 teaspoon vanilla
1 cup sugar	1/2 cup walnuts, chopped
	1 cup 40% bran flakes

Sift flour with baking powder, salt, and sugar. Add eggs, applesauce, and vanilla; mix well. Stir in nuts and cereal. Pour into a greased and floured 8-inch square pan. Bake at 350° for 35 to 40 minutes or until evenly browned. Serve warm with custard sauce or prepared whipped topping, if desired. Makes 9 servings.

**SOUTHWICK SKI RESORT, INC.**  
RENTALS — SKI SHOP  
SNACK BAR — BASE LODGE —  
SNOWMAKER Ski instruction  
Sat. Sun. & all holidays &  
school vacations 9:30 — 5  
NIGHT SKIING for GROUPS  
by APPOINTMENT ONLY

FOR MORE INFORMATION — CALL 569-6270

LOOMIS ST. — SOUTHWICK



BEAUTIFUL and INTERESTING  
LAMPS  
Made From Vases - Statues  
and Antiques  
All Kinds of Lamp Repairs  
**HANNIGAN'S**  
766 MAIN ST. WEST SPRFL'D.  
TEL. RE 7-9730

## SCHOOL MENUS

JANUARY 19 - 23

Milk Served with All Meals

PHELPS SCHOOL

MON. — Chick, veg. soup, ham salad sand., cookie, or. wedges. TUES. — Oven fried chick., mashed pot., brtd. peas, cranberry sauce, brtd. and brtd., ice cream. WED. — Hamburg in brtd. bun, relish, onion slices, catsup, candied sweet pot., green beans, fruit. THURS. — Juice, meat ball grind., brtd. cart., peaches. FRI. — Tuna salad sand., potato chips, green salad, apple crisp.

GRANGER SCHOOL

MON. — Juice, frank. on bun, relish and mustard, pot. chips, broccoli, choc. cake. TUES. — Shell mac. w/ meat and tom. sauce, brtd. green beans, brtd. and brtd., peaches. WED. — JUICE, MEAT BALL GRIND., CHEESE FINGER, CARROTS, GINGER BREAD W/topping. THURS. — Tom. soup, pean. but. sand., celery stix, cookies, fresh fruit. FRI. — Juice, grilled cheese sand, pean. but. sand., whole kern. corn, pineapple upside down cake w/topping.

PIERCE SCHOOL

MON. — Meat balls in sauce, brtd. steamed rice, diced carr., cheese or pean. but. sand., rosy applesauce. TUES. — Beef veg. stew, carrot stix, hot cheese muffins, van. pudding w/ pineapple topping. WED. — Tangerine juice, baked lunch, meat, hash brown pot., harvard beets, brtd. and brtd., choc. cake w/ fudge icing. THURS. — Hamb. pattie on hot brtd. roll, cole slaw w/ grated carr., cheese fingers, pean. brtd. and honey sand., peaches. FRI. — Baked mac. w/ cheese and tom., brtd. green beans, pean. but. sand., fruited Jell-o w/ topping.

DANAHY SCHOOL

MON. — Juice, frank. on brtd. roll, corn, banana cake. TUES. — Juice, chick. soup w/ rice and veg., bologna sand., pean. but. sand., cheese stix, orange wedges, pean. but. sand., cookies. WED. — Mac. w/ tom. and meat sauce, brtd. and brtd., brtd. green beans, pineapple tidbits. THURS. — Juice, hamb. gravy, mashed pot., spinach, brtd. and brtd., ice cream. FRI. — Fish stix, mashed pot., carrots, brtd. and brtd., applesauce, cookies.

SOUTH ELEMENTARY SCHOOL

MON. — Juice, hamb. w/ gravy on brtd. rice, brtd. carrots, pean. but. sand., peaches. TUES. — Orange juice, homemade minestone soup, celery stix, brtd. vienna bread, fresh pear. WED. — Cold cut grind: meat, cheese, lettuce, oven fried pot., brtd. peas, choc. brownie. THURS. — Hot open chick. sand w/ gravy, glazed sweet pot., cranberry sauce, brtd. broccoli, citrus fruit cup. FRI. — Baked mac. w/ cheese sauce, ABC salad, homemade yeast rolls w/ brtd. Jell-o w/ fruit topping.

ROBINSON PARK SCHOOL

MON. — Spaghetti w/ meat sauce, brtd. green beans, brtd. and brtd., pineapple. TUES. — Juice, hamb. on brtd. bun - catsup, brtd. carrots, cheese stix, raisin spice cake. WED. — Tom. soup w/ rice and veg., chopped ham and pickle sand., pean. but. coconut cookie, fruit. THURS. — Hamb. gravy w/ mashed pot., brtd. broccoli, brtd. and brtd., fruit cup. FRI. — Juice, tuna fish sand., pean. but. sand., pot. chips, beet salad, dessert.

JUNIOR HIGH

MON. — Hamb. and gravy, mashed pot. brtd. carr., brtd. cake with choc. sauce, brtd. and brtd. TUES. — Juice, toasted ham and cheese roll, tossed salad, pot. chips, pumpkin cake. WED. — Shell mac. w/ meat balls, cabbage and carrot salad, applesauce with pean. but. cookie, brtd. and brtd. THURS. — Juice, hamb. on bun, brtd. green beans, pean. but. sand., prun. spice cake. FRI. — Juice, tuna fish salad, pot. chips, harvard beets, apricot with cookie, brtd. and brtd.

SENIOR HIGH

MON. — Baked lunch, loaf w/ pineapple, parsls pot., applesauce, rye brtd. and brtd., pean. but. sand., pineapple crisp. TUES. — Hamb. on roll, candied sweet pot., brtd. green beans, pean. but. sand., rice and raisin custard w/ topping. WED. — Meat loaf with creole sauce, mashed pot., brtd. peas, brtd. and brtd., pean. but. sand., fruit cocktail. THURS. — Mac. w/ meat sauce, farmers wife salad, brtd. and brtd., peaches. FRI. — Juice, pizza with hamb., tom. and cheese sauce, garden salad w/ spinach greens, pean. but. sand., hermit cookie.

## MALONE'S

Farm &amp;

Garden Center

338 Silver St., Agawam

Seasonal Garden Supplies

for home and farm

RE 2-3965

GARDEN SUPPLY CENTER

338 Silver St., Agawam

Seasonal Garden Supplies

for home and farm

RE 2-3965

GARDEN SUPPLY CENTER

338 Silver St., Agawam

Seasonal Garden Supplies

for home and farm

RE 2-3965

GARDEN SUPPLY CENTER

338 Silver St., Agawam

Seasonal Garden Supplies

for home and farm

RE 2-3965

GARDEN SUPPLY CENTER

338 Silver St., Agawam

Seasonal Garden Supplies

for home and farm

RE 2-3965

GARDEN SUPPLY CENTER

338 Silver St., Agawam

Seasonal Garden Supplies

for home and farm

RE 2-3965

GARDEN SUPPLY CENTER

338 Silver St., Agawam

Seasonal Garden Supplies

for home and farm

RE 2-3965

GARDEN SUPPLY CENTER

338 Silver St., Agawam

Seasonal Garden Supplies

for home and farm

RE 2-3965

GARDEN SUPPLY CENTER

338 Silver St., Agawam

Seasonal Garden Supplies

for home and farm

RE 2-3965

GARDEN SUPPLY CENTER

338 Silver St., Agawam

Seasonal Garden Supplies

for home and farm

RE 2-3965

GARDEN SUPPLY CENTER

338 Silver St., Agawam

Seasonal Garden Supplies

for home and farm

RE 2-3965

GARDEN SUPPLY CENTER

338 Silver St., Agawam

Seasonal Garden Supplies

for home and farm

RE 2-3965

GARDEN SUPPLY CENTER

338 Silver St., Agawam

Seasonal Garden Supplies

for home and farm

RE 2-3965

GARDEN SUPPLY CENTER

338 Silver St., Agawam

Seasonal Garden Supplies

for home and farm

RE 2-3965

GARDEN SUPPLY CENTER

338 Silver St., Agawam

Seasonal Garden Supplies

for home and farm

RE 2-3965

GARDEN SUPPLY CENTER

338 Silver St., Agawam

Seasonal Garden Supplies

for home and farm

RE 2-3965

GARDEN SUPPLY CENTER

338 Silver St., Agawam

Seasonal Garden Supplies

for home and farm

RE 2-3965

GARDEN SUPPLY CENTER

338 Silver St., Agawam

Seasonal Garden Supplies

for home and farm

RE 2-3965

GARDEN SUPPLY CENTER

338 Silver St., Agawam

Seasonal Garden Supplies